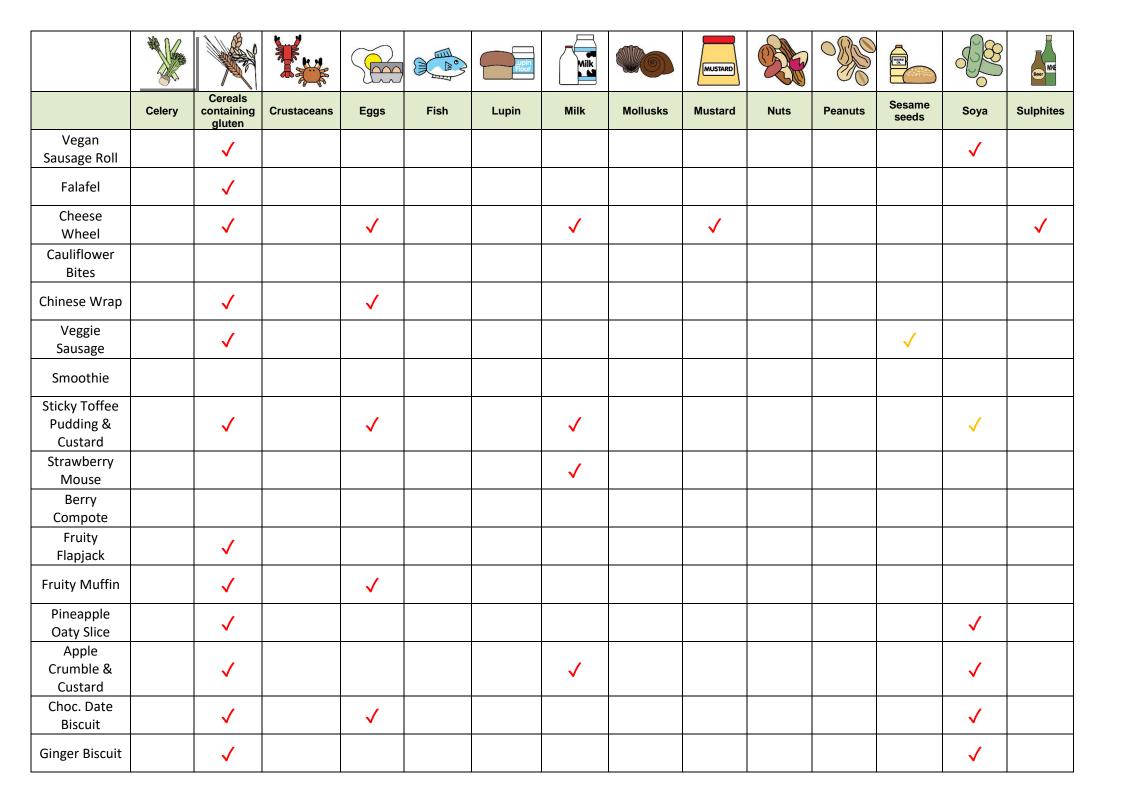
DISHES AND THEIR ALLERGEN CONTENT – Ventrus – Primary School – October to April Menu 2023/24

✓ Contains ✓ May Contain

| | | | | | | upin Flour | Milk | | MUSTARD | | | Wishway of the control of the contro | 120 | WINE |
|------------------------------------|----------|---------------------------------|-------------|----------|----------|---------------|----------|----------|----------|------|---------|--|-------------|-----------|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusks | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphites |
| Butches Sausages | | | | | | | | | | | | | | ✓ |
| Beef Nachos | | | | | | | | | | | | | | |
| Chicken Stew | | | | | | | | | | | | | | |
| Pork Meatballs in Tom. Sauce | √ | ✓ | | √ | | | √ | | ✓ | | | | > | √ |
| Sub Roll | | ✓ | | | | | | | | | | ✓ | | |
| Harry Ramsdens Salmon Fish | | ✓ | | | ✓ | | | | | | | | | |
| Cheese Burger | | | | | | | ✓ | | | | | | | |
| Burger Bun | | ✓ | | | | | | | | | | ✓ | | |
| Chicken Curry | | | | | | | | | | | | | | |
| Naan Bread | | ✓ | | | | | | | | | | | | |
| Toad in the Hole | | ✓ | | ✓ | | | ✓ | | | | | | | ✓ |
| Chicken Goujons | | ✓ | | ✓ | | | | | ✓ | | | | ✓ | |
| Savona Chicken Goujons | ✓ | ✓ | | | | | | | | | | | ✓ | |

| | | | | | A.S. | Lupin Flour | Milk | | MUSTARD | | | ins.wi | | Goor WINE |
|----------------------------------|--------|---------------------------|-------------|----------|----------|----------------|----------|----------|----------|------|---------|--------------|----------|-----------|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusks | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphites |
| Jumbo Fish Fingers | | ✓ | | | ✓ | | | | | | | | | |
| Pizza | | ✓ | | ✓ | | | ✓ | | | | | | ✓ | |
| Cottage Pie | | | | | | | | | | | | | | ✓ |
| Chicken Breast | | | | | | | | | | | | | | |
| Stuffing | | ✓ | | | | | | | | | | | ✓ | |
| Cheese & Ham Carbonara | | ✓ | | | | | ✓ | | ✓ | | | | | |
| Breaded Fish Bites | | ✓ | | | ✓ | | | | | | | | | |
| Spanish Omelet | | | | ✓ | | | | | ✓ | | | | | |
| Cheese & Onion Pasty | | ✓ | | | | | ✓ | | | | | | | |
| Veggie Roast | | ✓ | | ✓ | | | ✓ | | | | | | ✓ | |
| Veggie Crumble | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Stuffed Pepper | | | | | | | ✓ | | | | | | | |
| Crunchy Topped Mac. Cheese | | √ | | | | | √ | | √ | | | | | |
| Lentil Loaf | | ✓ | | ✓ | | | | | | | | | | |
| Sweet & Sour Noodles | | ✓ | | ✓ | | | | | | | | | ✓ | |
| Veggie Sausage Roll | | ✓ | | | | | ✓ | | | | | | | ✓ |



| | | | | | | Lupin Flour | Milk | | MUSTARD | | | MISAN | | WINE |
|-----------------------------|--------|---------------------------|-------------|-------------|----------|----------------|----------|----------|----------|------|---------|-----------------|----------|-----------|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusks | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphites |
| Anzac Biscuit | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Lemon Biscuit | | ✓ | | < | | | | | | | | | ✓ | |
| Date & Rice Crispy Cake | | ✓ | | | | | ✓ | | | | | | | |
| Apple Cake | | ✓ | | > | | | | | | | | | ✓ | |
| Yoghurt | | | | | | | ✓ | | | | | | | |
| Pre Peeled Potatoes | | | | | | | | | | | | | | ✓ |
| Tuna Mayo | | | | ✓ | ✓ | | | | ✓ | | | | | |
| Baked Beans | | | | | | | | | | | | | | |
| Cheese | | | | | | | ✓ | | | | | | | |
| Malted Baguette | | ✓ | | | | | | | | | | √ | | |
| Coleslaw | | | | ✓ | | | | | ✓ | | | | | |
| Quorn Fillet | | ✓ | | | | | | | | | | | | |
| Quorn Pieces Code 381236 | | | | ✓ | | | | | | | | | | |
| | | | | | | | | | | | | | | |